

AVACADO SALAD

Ingredients :

- Avocado - 1
- Cucumber – 1
- Tomatoes – 2
- Onion – 1
- Green chilly – 1
- Black pepper – ½ tsp
- Amchur Powder – 1/3rd tsp
- Chat Masala – 1/3rd tsp (optional)
- Salt
- Lemon juice

Process :

Chop the cucumber, tomatoes and onion and put them in a bowl. Add chopped green chilly, ½ tsp of black pepper, amchur powder, chat masala and salt. Squeeze lemon juice over the preparation and add chopped Kothmir. Mix well.

Cut the avocado, throw its seed and after removing the outer cover, cut it into small pieces and mix it with the other items.

For topping, you can add a little vegan curd or seeds like pumpkin seeds or mix seeds.

Your salad is ready.